

# VISIT TO SWAT RELIEF INITIATIVE

by

Dr. Ambreen N Haq

21<sup>st</sup> – 25<sup>th</sup> May, 2016

**Participants:** Dr. Ambreen Haq, Zebu Jilani, Irum, Rashida, Shaheen, Fatiha and other Community Health Workers

## LIST OF ACTIVITIES

### 21<sup>st</sup> May

**8:00am – 12:00pm**

#### **Community Home Visits in Islampur Village (Interviews):**

Two semi-structured in-depth interviews undertaken, lasting 40 minutes each in community homes.

Accompanying individual was Fatiha (SRI Community Health Worker)

**12:00pm – 2:00pm**

#### **Visit to Government School Islampur**

Observation of teacher training session conducted by Ms. Rashida (Teacher Trainer) and Ms. Irum (teacher trainer)

Interactive session with the students on expansion and reinforcement of the teaching concepts of phonics and vowels

**3:00pm – 5:00pm**

#### **Meeting at Khpal Kor Boys School and Orphanage (Khpal Kor Foundation)**

Presentation by the Director, and Member of the Managing Committee of Khpal Kor Foundation, Mohammad Ali, for SRI Volunteers and Program Manager, Government Education Department representatives and the Principal of Government Boys High School, Shagai (GBHS).

Since SRI has adopted GBHS to improve its capacity to become a quality educational institution, the purpose of this meeting was to create a collaboration between GBHS and the Khpal Kor Schools (KKP) Director so that GBHS can benefit from the excellent processes, management and good practices of KKP. An interactive session was held after the presentation and the participants gave good suggestions and ideas for improving GBHS.

Suggestions of a Summer camp for students from Pakistan were discussed.

**5:30pm – 6:00pm**

**Visit to SRI Vocational Training Center for Women (SRI VTC)**

The SRI VTCs offers 8 trades in morning and afternoon sessions to 150 women, who receive a government recognized diploma after a 6-month training period. SRI also provides toolkits to all students who graduate from this center to start home businesses. Additionally, a monthly stipend is provided to the women for expenses of their transportation to the VTCs.

**22<sup>nd</sup> May**

**8:00am – 3:00pm**

**Health Camp in SRI Office**

30 patients were examined and given medicine by Dr. Ambreen, and recommended to be followed up by SRI Lady Health Visitors and Community Health Workers. Some patients who could afford it were advised to get treatment in Islamabad.

**5:00pm – 8:00pm**

**Interviews in Saidu Community Homes**

Three interviews were conducted with beneficiaries of SRI's Preventive Health Program which included nutrition services, monitoring of pregnant and lactating mothers and growth monitoring and, a vaccination program for children under 5.

Accompanying person: Fatiha (SRI Community Health Worker)

**23<sup>rd</sup> May** - Domestic engagement

**24<sup>th</sup> May**

**10:00am – 11:00am**

**Visit to Saidu Medical College**

SRI Volunteer Dr. Ambreen and Zebu Jilani met with the Principal and staff of Saidu Medical College, Swat

Areas of potential collaboration were discussed

The Principal introduced SRI to the office bearers of the Department of Medical Education

The Department was visited by Dr. Ambreen

A Faculty Meeting was held with Dr. Ambreen and SRI office holders

An MOU was signed to express multiple points of collaboration, such as, organization of lectures, skills workshop, research collaboration and organization of activities to strengthen Medical education.

**11:00am – 1:00pm**

**Visit to SINOR Medical Centre Swat**

Held meeting between SRI representatives and SINOR Medical Director

Given a formal tour of the facility

Areas of mutual interest discussed:

- Health Promotion activity plan
- Community Health awareness campaign
- Lab testing facility and utilization for poor patients
- Rest House facility utilization for SRI volunteers

Planned for discussion in July, 2016, of training in Hysterosalpingography at SINOR by SRI health volunteers

**1:00pm – 3:00pm**

**Community Health Workers (LHWs) Class**

Observed skills of the LHWs and reinforced techniques of taking Blood pressure measurements

Provided training in effective negotiation

Expanded the purpose of Community health visits

Held a session on Breast Cancer awareness

**5:00pm – 6:30pm**

Met with Brig. Azam Effendi, Founder of Begum Effendi Group of Hospitals

**6:30pm – 8:30pm**

Dr. Ambreen Haq examined seven patients and provided medicines in the Darbar

**25<sup>th</sup> May**

**6:00 am – 12:00 pm**

**Visit to meet SRI General Secretary, Azaday Khan in Shin, and school in Gatto Sar**

Recorded discussions on problems of the staff and school with students and teachers

Visited the Government Primary School, Kuz Bargin. This school was previously a ghost school that was renovated and made functional by SRI

Observed SRIs Esaghat Remote School from afar as we could not get to it due to landslides.

### **Follow up**

Organize funding for a new school building in Gatto Sar

Unearth scams of existing NGOs like Rising Stars Foundation and Development in Literacy (DIL) in the present Gatto Sar school, located in a very remote area of Swat

### **12:00pm – 2:00pm**

Held a Clinical Session at Shin with Medical doctors and Lady Health Visitors

Examined six patients

Demonstrated practical principals of obtaining medical history

### **2:00pm – 4 :00pm**

#### **Visit to Begum Effendi Hospital (BEH) in Bagh Derai, Swat**

Discussed areas of mutual cooperation

Explored strengthening of BEH management and capacity of services via SRI volunteers and Ali Medical Centre, Islamabad

Planned a meeting with Ali Medical Centre administration on 28<sup>th</sup> or 29<sup>th</sup> May, 2016

### **6:45pm**

Departed for Islamabad